



Tessy Thill

MECH AM BERUF ENTFALEN & ECH SELWER BLEIWEN

Organisation: Collège Échevinal et
Service à l'Égalité des chances
de la Commune de Sanem

WORKSHOP

"Mech am Beruf entfalen & ech selwer bleiwen"

Dëse Workshop belicht eist beruflecht Ëmfeld an eis selwer an eisem Berufsliewen. Dësen Dag soll eng Plaz si fir Iwwerleeung an Austausch an enger frëndschaftelecher Atmosphär iwwer Froen wéi: Wat sinn d'Grondideeën, déi eis leeden? Gëtt et alternativ Modeller? Kënne mer un der Verännerung deelhuefen amplaz se ze erliden? Wéi kënne mir eis Wäerter an eist Berufsliewen erabrénge? Wéi kënne Fraen a Männer zesummeschaffe fir eng Wäerterorientéiert Betribskultur ze schaafen?

Sujeë sinn:

- E kritesche Bléck op eist "Rezept" fir Desaster: wat leeft falsch?
- En interaktivt Spill vu Gruppepolitik
- Coachingkompetenze fir all Dag
- Den ongleeflechen Effet, deen eise Bléckwénkel op eis selwer an op eist Ëmfeld huet – eng Rees fir d'Aen
- "Déif Motivatioun" – en Exercice a klénge Gruppe fir ze verstoe wat deen eenzelne motivéiert
- Déi siwen Niveauën vu Bewosstsinn

Formatrice: Tessy Thill, MA (Industrial Psychology)

Formateur: Serge Thill, MBA, Executive- a Carrière-Coach, Certificat "Cultural Transformation Tools"® vum Richard Barrett.

Datum: Samschden, den 2. Oktober 2010
vun 9-12.30 a vun 13.30-16 Auer

Wou: Haus «A Gadder», 10 rue de France zu Bieles

Sprooch: Lëtzebuergesch

Umeldung:

bis spéitstens den 28.09.2010
beim Service à l'Égalité des chances
Tel. 59 30 75 48
e-mail: ruth.marchewka@sanem.lu



WORKSHOP

"Personal fulfillment at work & living my values"

This workshop looks at our professional environment and at ourselves in our professional lives. It provides a space for reflection and exchange in a friendly atmosphere about questions like: Which is the mindset that guides us? Are there alternative models? Can we be agents of change rather than victims of change? How can we apply our values to our professional lives? How can women and men work together to install a values based corporate culture?

Topics include:

- A critical look at our "recipe" for disaster: what's going wrong?
- An interactive game of group politics
- Coaching skills for everyday use
- The incredible effect that our perspective has on ourselves and on our environment – a visual journey
- "Core motivation" – an exercise in small groups to understand what makes us tick individually
- The Seven Levels of Consciousness

Trainers:

Tessy Thill, MA (Industrial Psychology)

Serge Thill, MBA, Executive and Career Coach, Certification in "Cultural Transformation Tools"® developed by Richard Barrett

Date: Saturday, 23 October 2010
9:00-12:30 and 1:30-4:00 pm

Location: Haus «A Gadder», 10 rue de France, Belvaux

Language: English

Please register at:

Service à l'Égalité des chances
Tel. 59 30 75 48
e-mail: ruth.marchewka@sanem.lu
(until 19 October 2010)



Serge Thill

